

R S T

READING STRENGTH TRAINING

Kay Kincl developed the Reading Strength Training (RST) program in two decades of reflective practice, narrowing the gap between theory and practice.

Evidence of effectiveness in over 20 years in private practice and for the past three years at the Florida State University Lab School is consistent across all demographics: RST helps students conquer their reading deficiencies in one school year or less, most in just one semester.

While other programs speak of *gains*, RST speaks of a *cure*.

By design, RST is delivered without fanfare to strengthen struggling readers' skills so that they can access the great teaching in all of their classes. Classroom teachers—even reading teachers—who must cover content via benchmarks and standards, manage behavior, implement new curricula and technology, and assign grades, cannot possibly provide the individualized intervention necessary to address their students' reading deficiencies.

RST's researched-based reading strategies are not new, but its narrow focus and pedagogy are distinctive. It is provided to students one-on-one in a clinical setting, so that the student can be fully engaged and the RST specialist can fully attend.

*One hour of one-on-one instruction
is better than six hours of classroom teaching.
(Eckwall & Shanker, 1988)*

Because frequent testing fractures the learning environment, RST does not include tests, assignments, or grades. In a private, non-threatening environment, students can focus on breaking bad reading habits and establishing good ones.

Students receive RST only once a week but apply what they are learning every day in every class. Most students' grades begin to improve within the first week or two. The impact is holistic. The data is compelling.

Reading/intensive reading teachers and other reading intervention staff address phonics, language arts conventions, vocabulary, reading rate, writing, and/or comprehension. RST addresses deficiencies in only these fundamental reading skills:

decoding fluency phonological awareness

Our mission is to train RST specialists to serve struggling readers on every school campus.

Kay Kincl, MSE
Reading Intervention Consultant
kinclk@yahoo.com
850.591.7930